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# Bound by Veterans

## NEWSLETTER APRIL/MAY 2022

### Dear Veterans and Families,

I hope you are all looking forward to the Easter holidays, and although the weather promises to warm up, what better activity for a rainy day with your family, than a session of bookbinding! All of you will have at least taken an introductory session with us and if you fancy trying it again, we have an 'Art of the Book' tutorial available on our website. This video <http://The Art of the Book Chapter 1 - YouTube> will take you through the step-by-step instructions in how to make a booklet, and the booklet you make contains the step-by-step instructions (you see what we did there!)

Here is the on line version [http://The Art of the Book Page 1 \(bookbinding.co.uk\)](http://The Art of the Book Page 1 (bookbinding.co.uk))

If you fancy doing this project then do get in touch with Mylyn on [tutor@boundbyveterans.co.uk](mailto:tutor@boundbyveterans.co.uk) and she will send you the materials for it.

Our Introduction to Bookbinding Sessions via zoom have been really successful (and hello to any new bookbinding veterans up there in Scotland!), and we look forward to rolling them out further. See below for the feedback on Mylyn's sessions with Tribe Scotland and H4H Scotland.

Sally's introductory sessions have started up again at Tedworth House, although these are now only available to those attending the House through the MOD for respite reasons.

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On 20 April we will be running an in-person introductory session in Portsmouth with Veterans Outreach Support (VOS) – see below, and at the end of April, 26-28<sup>th</sup>, there is a C&G Design course running at the barn workshop in Woodborough. This Design course is part of C&G Level 2 but suitable for complete beginners. During the course you will be looking at colour and texture in design, and creating some lovely paste papers to use on your books, hang on the wall, or simply wrap up pressies with.

All our activities are free to WIS (Wounded, Injured or Sick) veterans and their families and we hope you will take up more of our courses in the future. Many veterans have already achieved C&G qualifications simply through learning this new skill, and apart from the therapeutic qualities, it is also great fun. Do take a look at our listings to see what you might do next.

Until next time, wishing you a very happy Easter!

Alison

Chair, Bound By Veterans

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*The Daffodil Barn at Woodborough*

## COURSE NEWS

### BBV INTRODUCTION TO BOOKBINDING SESSIONS

Since we announced, in the last Newsletter, the plans for on-line Introduction to Bookbinding Sessions, the first two have taken place in Scotland and have been a resounding success. Materials and tools were sent to Scotland where Gerry McGregor coordinated the sessions at two different sites for Veterans Tribe Scotland (VTS) and Mylyn McColl, our Principal Tutor, instructed the groups from Wiltshire. Our grateful thanks go to Gerry McGregor of VTS for

**Of These Courses, Mylyn says:**

*"It was very exciting to be able to deliver a workshop to a room full of veterans in Scotland whilst I was in my workshop in Wiltshire!*

*We prepared kits of tools and materials which were sent to Gerry at Tribe. Then on the day we connected via zoom and I was projected onto a big screen so all fifteen participants could see clearly.*

*Gerry had done the workshop before so was able to assist in the room.*

*Everyone finished their book and had a lovely social morning.*

*We look forward to delivering more of these later in the year."*



*Students in Fife getting enthusiastically stuck into their bookbinding project...*



*... and enjoying the concentration required to...*



*... produce exquisite books.*



*The students looking very pleased with their results while tutor Mylyn looks on them from the screen!*





*The group from Moray showing off their finished books.*

The feedback from the sessions was very encouraging. Here are some of the comments:

*"I wanted to say thank you so much for the book binding workshop today. I really enjoyed it and as you know it's something I have always wanted to learn how to do. I had a great time today and found it therapeutic and relaxing."*

*"I would definitely be interested in any future courses and learning more about forming the inner sections."*

*"I think the format today worked really well and would definitely work for other workshops so well done on being a pioneer!"*

*"Was great.... definitely up for doing it again if opportunity arises thank you so much for organising it "*

*"An amazing day thank you so much will definitely like to do more"*

*"Absolutely amazing had a wonderful afternoon thank you so much xx"*

*"Was a great deal of fun!"*

*"...Can't wait to do it again..."*

**Interested in taking part in any of these Introduction to Bookbinding Sessions? Then note:-**

contact Philippa Clare ([philippa.clare.vosp@gmail.com](mailto:philippa.clare.vosp@gmail.com)) facilitator for VOSP.

- **Online Individual Introduction sessions:** For students in Scotland. These new sessions are being arranged for Veterans Tribe Scotland (VTS) students (contact Gerry McGregor [gerry.mcgregor@veterantriberscotland.co.uk](mailto:gerry.mcgregor@veterantriberscotland.co.uk)) and for H4H students (contact Emma Weir [emma.weir@helpforheroes.org.uk](mailto:emma.weir@helpforheroes.org.uk))

For those undertaking the online sessions:

- You can participate in the comfort of your own home, in a group organised session or from anywhere.
- All the tools and materials you need for the course will be sent to you by DHL
- The session is conducted by our Principal Tutor, Mylyn McColl and will last about 2 to 2.5 hours.
- It is for complete beginners who have no bookbinding experience.
- The timetable for the coming sessions can be seen below.
- For further information about the introduction sessions please contact Wendy Lagden at: [courses@boundbyveterans.co.uk](mailto:courses@boundbyveterans.co.uk)

## BOOKBINDING COURSES - 2022 at Bound By Veterans

**We are now able to offer courses at the Barn again and the online Zoom courses being run by Mylyn McColl are proving very popular by those who have difficulty getting away or are unable to find accommodation near the Barn. Details of both in-person and online courses are shown below**

As mentioned above we are delighted to announce that the BBV Introduction to Bookbinding sessions are to be held at Tedworth House once again and trialled at the Veterans' Outreach Support (VOS) in Portsmouth. In addition they will be available through Veterans Tribe Scotland (VTS) and Help for Heroes (H4H) Scotland with online sessions.

Online tutorials (via Zoom) for the Level 1 Foundation Bookbinding Course (Unit 118) are now well established in the BBV course programme. This course is normally a 5-day (Mon to Fri) course but for the on-line course it has been split into two modules, spread over two weeks.

The online courses run from 10.00 to 16.00 each day but the tutor will be available until 16.30 to assist with questions and practice. A thirty-minute lunch break will be taken at approx 13.00. Details of these courses are given below.

Anyone interested in booking a place on any of the courses listed should contact Wendy at [courses@boundbyveterans.co.uk](mailto:courses@boundbyveterans.co.uk). If you are interested in the online tutorial courses please book early to ensure we can get the tool kits to you in time. Remember **FIRST-COME-FIRST-SERVED**.

### April 2022

- **20th (Wed) (18.30 - 20.30) BBV Introduction to Bookbinding session at Veterans' Outreach Support (VOS) Portsmouth.** Contact Philippa Clare ([philippa.clare.vosp@gmail.com](mailto:philippa.clare.vosp@gmail.com)) facilitator for VOSP, for further details.
- **26-28 (Tue-Thu) C&G Level 2 (Unit 201/202) Design and Sampling-** part of Level 2 but can be taken by complete beginners also. On it you will learn about using colour and texture in your book designs and make decorative papers to be used on your book covers.

### May 2022

- **3 May (Tue) Edge Decoration.** Edges are another surface for the binder's creativity to shine but they are often overlooked. They act as an important protective barrier as well as being a key design element of a fine binding. In this workshop, You will be shown how to achieve the perfect glass smooth finish to your edges and work through a variety of decorative finishes. From basic sprinkling and sponging through graphite, marbling, paste, gaufering and gold leaf.
- **6-8 May (Fri-Sun) C&G Level 3 Diploma Module Limp Vellum Binding**  
An optional assignment in the C&G Level 3 curriculum, this offers an alternative style of binding, where you will make a limp vellum cover, attached to a text-block with leather thongs.
- **10 May (Tue) (10.30-12.30) BBV Introduction to Bookbinding session at Tedworth House (TH).** This short introductory session is intended for Rolling Recovery Programme (RRP) Students at TH only.
- **16-20 May (Mon-Fri) C&G Level 1 Foundation Bookbinding Course (Unit 118) (Pamphlet Binding and Multi-section Binding) (At the Barn)** This is for complete beginners and is the first unit in the Level 1 C&G's certificate in Bookbinding. You will gain a core knowledge of basic bookbinding skills and will make a single section pamphlet and multi-section binding.

structure that was developed in the early nineteenth century for records which needed to open perfectly flat. It is sewn onto heavy webbing and has cloth-jointed endpapers. It is rounded, the edges decorated and the spine lined with calfskin. A laminated flange is inserted into the boards, along with the famous "spring back", a steam moulded spine which grips the book and throws the pages open. It is covered in reverse calf, goatskin and tooled with carbon.

- **25 May (Wed) (10.00-12.00) BBV Introduction to Bookbinding session at Veterans' Outreach Support (VOS) Portsmouth.** email Philippa Clare ([philippa.clare.vosp@gmail.com](mailto:philippa.clare.vosp@gmail.com)) for further details.
- **31 May-1 Jun (Tue-Wed) C&G Level 3 Diploma - Rebacking a Cloth Book.** One of the most useful skills to learn if you are considering making a living from bookbinding, this two-day course will teach you how to repair and reback cloth hardback bindings.

### June 2022

- **6-10 Jun (Mon-Fri) C&G Level 2 Leather Case Binding** This course is the first unit in the Level 2 C&G certificate in Bookbinding. You will learn how to make casebound leather books in quarter and half leather, and how to pare leather and sharpen knives. Some bookbinding experience is necessary
- **7 Jun (Tue) (10.30-12.30) BBV Introduction to Bookbinding Session at Tedworth House.** This short session is for RRP Students at Tedworth House only. Students will have the opportunity to learn some basic bookbinding techniques and make a small notebook.
- **8 Jun (Wed) (1030-1230) BBV Introduction to Bookbinding Session at Veterans Outreach Support (Portsmouth) (VOSP).** This is an In-Person group session at Portsmouth where students will have the opportunity to learn some basic bookbinding techniques and make a small notebook. Contact Philippa Clare ([philippa.clare.vosp@gmail.com](mailto:philippa.clare.vosp@gmail.com)) facilitator for VOSP, for further details
- **17 Jun (Wed) On-line Individual BBV Introduction to Bookbinding Session (7 places).** Students will have the opportunity to learn some basic bookbinding techniques and make a small notebook. This course is open to any veteran.
- **20-24 Jun (Mon-Fri) C&G Level 1 (Unit 119) Photographic Album and Slipcase.** For those with a little bookbinding experience, this course is the second unit necessary for the Level 1 C&G certificate in Bookbinding, where you will learn how to make two different types of photograph album with folded guards, and one with stiff boards and a lined, cloth slipcase.



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Person group session at Porstmouth where students will have the opportunity to learn some basic bookbinding techniques and make a small notebook. Contact Philippa Clare ([philippa.clare.vosp@gmail.com](mailto:philippa.clare.vosp@gmail.com)) facilitator for VOSP, for further details

- **30 Jun - 3 Jul (Thu-Sun) C&G Level 3 Laced on Binding.** This course will teach you how to sew hand sewn silk endbands, lace boards onto the sewing tapes/cords of a book in full leather by drawing it on. Students should have at least completed the equivalent of Level 2 Bookbinding Unit.

Please watch out for further details and any changes to the course programme in later Newsletters or on the BBV website at: <https://wiltshirebarn.co.uk/events-info/training-courses/> or from the course administrator, Wendy Lagden, at [courses@boundbyveterans.co.uk](mailto:courses@boundbyveterans.co.uk)

## INTERESTED?

If you are interested in taking part in any of our courses (either a webinar or at The Barn) please contact Wendy at [courses@boundbyveterans.co.uk](mailto:courses@boundbyveterans.co.uk) who will be happy to answer any questions and allocate you a place on a course.

**Please note, places will be allocated on a first-come-first-served basis and please get your bid in early if you are wanting to attend the live webinar courses because we need time to get the tool kits and materials out to you.** Even if you have done the introductory session before, you might want to refresh your memory and hone your skills. You will have the chance to ask questions and get personal attention as it is all live.

We will be sending out boxed tool kits and materials via DHL to those who register for the classes, and the tool kits will be collected by DHL after the course is finished. All you will need is a space a bit bigger than A3 to work on, a computer or tablet with wifi, good lighting and a bit of peace and quiet!

We will be offering more live webinar classes during the year in addition to the onsite sessions at the barn, now they have started up again. Watch this space! Also look below for details of courses coming up in the near future.

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## DONATIONS AND SPONSORS

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## TESCO Community Grants

from Tesco - Community Grants funds (Previously known as the *Bags of Help* scheme). During the months of April/May/June this year, BBV will

be one of three charities open for voting by the public.

If you are shopping in Tesco in any of the branches listed below, please help by placing a token or two in the BBV box which will be on display in the named Tesco stores. Here are the stores:

- |                 |   |
|-----------------|---|
| 1. Tidworth     | 5. Colchester   |
| 2. Trowbridge   | 6. Portsmouth (PO1) along with the smaller Tesco Extra Stores in the area |
| 3. Sandhurst    | 7. Portsmouth (PO6) along with the smaller Tesco Extra Stores in the area |
| 4. High Wycombe |   |

The charity in 1st place in each store at the end of the voting period will be awarded £1,500, 2nd place = £1,000 and 3rd place £500. So with your votes in the above stores there is a guaranteed sum of £3,500 available for BBV. Let's try and make it £10,500!

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We are very grateful to Allsopp Bookbinders, based in Derbyshire, who have kindly donated a quantity of materials, including cloth and board, which were surplus to their requirements, to BBV for use on courses. They are a very welcome addition to our stocks.



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We were delighted to learn recently of a most generous donation from DWH (South West) which will make a notable difference in the support and delivery of courses to our students. Thank you DWH.

## WHAT HAVE YOU BEEN UP TO?

*In this section we like to showcase what former students have been doing since they attended courses with Bound by Veterans. If you have some bookbinding projects which you have undertaken since attending a course at Woodborough or online with Mylyn we would like to be able to show them in future newsletters. We have no examples from students this month, but please do send us examples of your work for future inclusion.*

### Support BBV through Smile.Amazon.

When ordering goods through Smile.Amazon you can select Bound by Veterans by using [Smile.Amazon.co.uk](https://smile.amazon.co.uk) Amazon will donate money to BBV at no cost to you

## HELP WANTED

BBV is a charity which relies on sponsorship and volunteers to carry out its good work. To keep operating smoothly we are in urgent need of voluntary and/or paid helpers for the following posts:

### Treasurer

Jonathan Powell, who originally founded BBV, is soon to be retiring from the post of Treasurer and a replacement is urgently needed to fill this important post.

### Fundraising and Events Manager

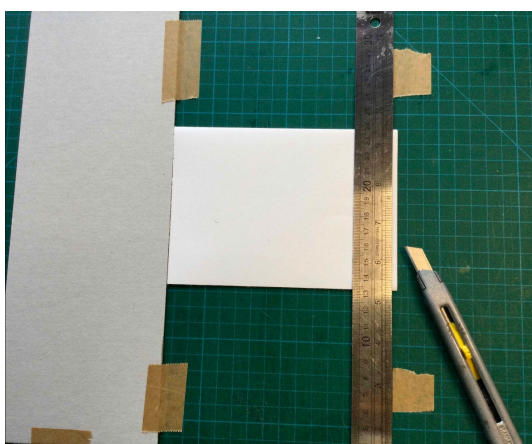
### PR Manager (esp social media)

If you or anyone you know would be interested in helping us out in any of these areas, please get in touch with us at [enquiries@boundbyveterans.co.uk](mailto:enquiries@boundbyveterans.co.uk)

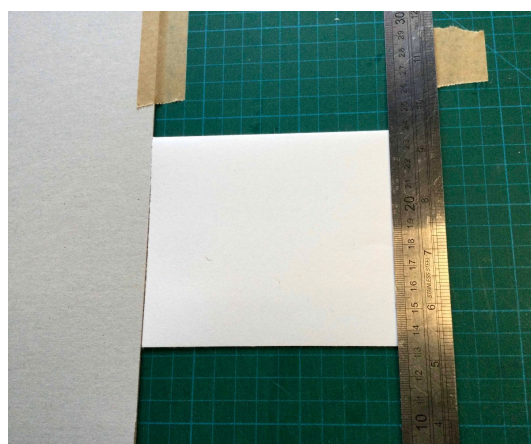
## Bookbinding Tips and Tricks by Mylyn McColl

It can be tricky getting sections exactly the same size when cutting by hand. To help with this you can easily set yourself up a gauge to cut consistently.

- - Position your section on your mat, use the grid or a set square to line up the spine edge horizontally and the edge you want to cut at 90 degrees.
- - Tape a piece of grey board at the opposite end so you can butt the section against it.
- - Put masking tape on the mat where you want the ruler to line up to
- - Position the ruler and cut the excess from the section Repeat on all sections butting the edge up against the grey board. Reposition to cut the other edges.



*Position spine edge on mat and the edge to cut at 90 degrees, tape a piece of grey board at the opposite end to butt the section against it.*



*Position masking tape on mat where you want the ruler to line up to. Position ruler, and trim edge. Repeat on all sections, then reposition to cut the other end and repeat for all section edges.*

Previous Tips and Tricks articles can be found on the BBV website at:

<https://wiltshirebarn.co.uk/category/tips-and-tricks/>

This Newsletter from Bound by Veterans (BBV) is sent to all who have attended an Introduction to Bookbinding Session at Tedworth House AND who have consented to being contacted. It has also been sent to those on the Band of Sisters (BoS) list and others who have requested it.

If you do not wish to receive future Newsletters please unsubscribe using the link at the foot of this newsletter.



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## CONTACT

For further information on course details or to book a course:

- Visit the Bound by Veterans website: [www.wiltshirebarn.co.uk](http://www.wiltshirebarn.co.uk)
- Email:
  - The Course Administrator: [courses@boundbyveterans.co.uk](mailto:courses@boundbyveterans.co.uk)
  - The Bindery at Woodborough: [office@boundbyveterans.co.uk](mailto:office@boundbyveterans.co.uk)
- Telephone: 01672 851979



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